



Trench stew recipe

Serves 2 people

Ingredients

- 1 turnip or large potato
- 1 parsnip
- 2 carrots
- ½ tin corned beef
- ½ beef stock cube
- 1 or 2 biscuits or stale bread
- 1 pint of water

Method

1. Chop up the vegetables, carrots into small pieces, other veg larger pieces and add to pint of boiling water with stock cube in.
2. As the veg becomes tender mix in 1/2 can corned beef and crumble in the stale bread or biscuits/crackers and simmer for a few more minutes.
3. Serve into a bowl

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